

## ROHS Report

Regional Oral Health Specialist  
Lisa Westhoff RDH MSDH

### Hello Healthcare Providers and beyond!

Your local Regional Oral Health Specialist is here to assist you and your clients in all things oral health prevention.

Community Health Services Inc., in partnership with Garfield County, provides preventive dental services and assists individuals and families from Aspen to Parachute in finding a dental home. Our services help fill the needs for underinsured and uninsured individuals.

We also strive to create positive community partnerships with healthcare providers from Aspen to Parachute as we work together to prevent oral health diseases of the head, neck, and mouth.



#### Medicaid Dental Providers

If you are a Medicaid and/or CHP+ dental provider and would like to be added to our list, please let us know.



#### Charitable donations

Community Health Services, Inc.(CHS) is a private, non-profit which provides preventive health services to the residents, workers and visitors of Pitkin County and the Roaring Fork Valley.



#### Minimally Invasive Dentistry

SDF (Silver Diamine Fluoride) is a pain-free way to stop or slow down tooth decay and prevent new decay from starting. It's a liquid made up of fluoride and silver ions and it's very good at killing the bacteria that cause cavities.

## March into Spring with a Brighter Smile

As we march into Spring, the season of rejuvenation and renewal, it's the perfect time to refresh our oral health routines and embrace new beginnings for our smiles.

## Healthy Beverage Campaign

Sip into Colorado's Health Revolution! 🌱💧 Colorado is making waves with its Healthy Beverages Campaign, a zestful initiative pouring into hospitals, schools, dental offices, and local restaurants alike. This effervescent movement is part of the Colorado Healthy Hospital Compact, a pledge among hospitals to quench our thirst for wellness with more nutritious choices in cafeterias, vending machines, and meal menus. Imagine walking down a hospital corridor and finding vibrant, healthy beverage options beckoning you to take a sip towards wellness.

This isn't just about hospitals getting a wellness makeover; Colorado's schools are joining the hydration revolution too! Thanks to the Colorado Department of Education's School Nutrition Unit, snacks and beverages sold outside the usual lunch programs are now meeting USDA's Smart Snacks standards. That means less sugar, and a whole lot more of what our bodies actually crave: nutrients.

🤿 Dive deeper and discover how these initiatives are not just refreshing Coloradans but also setting a blueprint for a healthier nation. For more details on making each sip count towards a healthier Colorado, explore the [Colorado Department of Public Health and Environment's Healthy Hospital Compact](#), quench your curiosity about school nutrition at the [Colorado Hub for Healthy Beverages and Competitive Food Policies](#), and see how Garfield County is working to enhance the health of our community up and down the valley.

We are the first rural county to begin the Health Beverage Campaign initiative; giving the community valuable information and sugar free options when eating at local hot spots 🍷 and going to school 🎒.

Join the movement. Let's drink to health, Colorado style! 🍷🌱

## Discover the SAMBA Toothbrush!

Elevate your brushing experience with the SAMBA Toothbrush by Curaprox. It's not just a toothbrush; it's your solution for easier, more effective oral care, especially for those with braces or dexterity challenges.

- Why You'll Love It:
- 🦷 Ortho-Friendly: Navigates around braces and wires for a thorough clean.
  - 👉 Easy Grip: Ergonomic handle for those with dexterity challenges.
  - 🌟 Gentle Cleaning: Ultra-soft CUREN® filaments protect gums and enamel.
  - 🌈 Vibrant Design: Adds a splash of color to your daily routine.

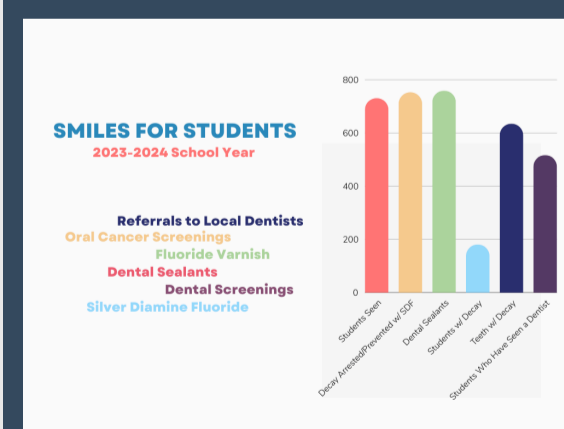


Experience brushing with ease and confidence with the SAMBA Toothbrush. Perfect for anyone seeking a simple, yet effective oral care solution. Get yours today!

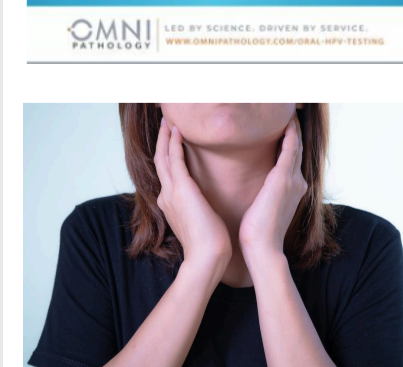
## Dental Prevention Programs Across County Lines

Aspen to Parachute Dental Prevention Programs > [click here](#)

Healthy Smiles Oral Health Program Donations



HPV IS IDENTIFIED IN **at least 87%** of HPV-positive oral pharyngeal cancers.



### Oral Cancer Screenings and Education: Are you doing them at every visit?

Oral Cancer rates are on the rise and it isn't just patients who smoke or use alcohol. HPV related Oropharyngeal Cancers are becoming more prevalent, especially in older white males.

Screenings, Tests, Education, and Vaccination are key in reducing oral and oropharyngeal cancers.

There are resources and educational tools to help!

[Cancer Prevention Tools > click here](#)

Revolutionary

## THROAT HPV TESTING FOR PATIENTS

See you soon